Healthy Heart Workshop

Tuesday, June 21st at 7:00pm



Location:
Fort Vancouver
Regional Library
901 C Street Vancouver,
WA 98660

Check-in is at 6:45pm

LET'S GET YOU STARTED ON THE NEXT CHAPTER OF YOUR HEALTH!



Dr. Troy will go over:

- How to lower cholesterol!
- How to lower blood pressure!
 - How to reverse diabetes!
- Improving heart health and more!

R.S.V.P TODAY! (360) 260-6903

